## The Fort Huachuca Scout



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#### Inside



**Visitors** 

Tucson Marines come to Fort Huachuca.

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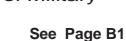
Serengeti Trek

Vacation Bible School draws post youngsters.
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Military Idol

First round of Military Idol ends.





Travel

Explore the world of animals.

See Page B3

## Enlisted to officer route becomes easier

SCOUT REPORTS

Who will be the next Soldier at Fort Huachuca to become an officer? Will it be your roommate or the guy in the other platoon or maybe that Specialist that works over at the dental clinic?

Last year hundreds of Soldiers across the Army made the transition from enlisted to officer through a variety of means to include the Green to Gold program, Officer Candidate School and the U.S. Military Academy at West Point. This year the Army fell considerably short of its required officer strength and is taking measures to increase opportunities for Soldiers to make the transition.

This year the Army has expanded the selection criteria for Officer Candidate School which is covered by AR 350-51. In addition to pushing the age limit to 42 (increased from the 18-30 age bracket), the Army has delegated the selection authority down to the commanding general level.

The commanding general of the United States Army Intelligence Center & Fort Huachuca and the commanding general of NETCOM will each get to select 10 Soldiers at Fort Huachuca. The expanded criteria will give those Soldiers who thought that it was too late for a second chance. It also increases the pool of qualified applicants and should result in higher caliber officer candidates. Soldiers should see their commander or S-1 for details.

A post wide briefing will be held in Fitch Auditorium at 3:00 p.m on Aug. 15. A local three-person board will screen all USAIC&FH candidates on September 7-9 at Murr Recreation Center. The board will then recommend the Soldiers to become officers to Maj. Gen. Barbara Fast and Maj. Gen. James Hylton.

"It's a great opportunity for Soldiers," Maj. Anthony Dotson, deputy chief of staff, said. Raising the age limit for Officer Candidate School also broadened the selection pool that they're able to

choose from. Dotson added

In addition to attending Officer Candidate School, Soldiers can become officers by participating in the Green to Gold program.

Each year the Army awards hundreds of 2-, 3, and 4-year ROTC scholarships to active duty Soldiers through the Green to Gold program. Soldiers wishing to earn their bachelors or masters degree and a commission as a second lieutenant should ask their education counselor about the Green to Gold program. Soldiers selected to participate in the Green to Gold program are released from their enlistment contract to attend the college or university of their choice full time. While completing their degree they must also participate in ROTC and accept a commission upon graduating college.

A new twist on the program offers an active duty option which allows Soldiers to remain on active duty while attending college full time. This has some obvious advantages and appeals to those Soldiers who have accumulated debt and can't afford to leave active duty. This option also allows the time served in college to count towards retirement.

The University of Arizona's ROTC department is responsible for education and execution of the Green to Gold program at Fort Huachuca. In addition monthly briefings are provided to AIT Soldiers on all of their commissioning options.

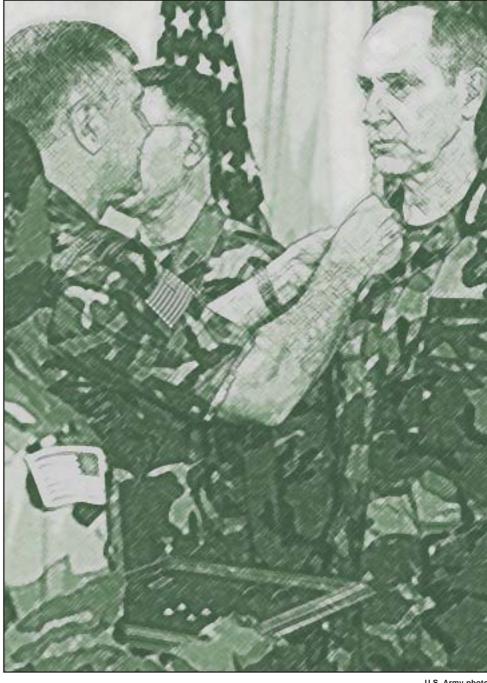
G2G AD option criteria: If you meet the following criteria you could be eligible for an ROTC scholarship:

- Under 31 on Dec 31st of the year of graduation/commissioning
  - 2 years of active duty (waiverable)
- No more than 3 dependents (waiverable)
  - Chain of command support
  - U.S. citizen
  - GT of 110 or higher

Soldiers who feel they have what it takes to become an officer should

contact their chain of command. If you have any questions pertaining to the Green to Gold program you can contact Major Adrian Hoadrea at the University of Arizona's ROTC Department at (520) 621-1609 or armyrotc@email.arizona.edu.

Dotson recruited for ROTC at Syracuse University and provides monthly briefings to Fort Huachuca Soldiers interested in the program. He is a product of Green to Gold himself receiving his 3-year scholarship in



U.S. Army phot

With the new expanded selection criteria in place, more enlisted Soldiers will have the opportunity to become officers.

## The Fort Huachuca Scout.

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The Fort Huachuea Scout®

## Books close on 39 years of service to the Army

BY STAFF SGT. JEFF TROTH

NETCOM/9TH ASC PAO

The accounting books are being closed for the final time for a civilian who has given 39 years of service to the Army, 26 of those years here at Fort Huachuca

Bruce W. Dockter, director of resource management, Network Enterprise Technology Command/9th Army Signal Command, began his life in government service as an intern in 1966 and will turn off his calculator for the final time Aug. 1.

"I have been in financial management the whole time," said Dockter. "In my first 13 years, I moved six times. The last 26, I haven't moved at all."

He began his career with the U.S. Army Material Command at Picatinny Arsenal, N.J. During the remainder of his first 13 years he was at Rock Island Arsenal; Worms, Germany; and Fort McPherson, Ga. He arrived at Fort Huachuca and began working with the U.S. Army Communications Command in 1979. While working here at Greely Hall, he has seen many changes, one of them being the name changes this command has gone through: U.S. Army Information Systems Command in 1984; U.S. Army Signal Command; and finally NETCOM/9th ASC in 2002.

"When we became NETCOM, we kept all of the missions we were doing as Army Signal Command and picked up the huge mission of operating, maintaining and defending the Army's enterprise info structure," said Col. Mary Beth Shively, chief of staff, NETCOM/9th ASC. "Bruce has been absolutely critical in developing the strategies to allow us to perform these missions; getting the resources necessary to build an enterprise while making sure that the units, Soldiers, civilians, and contractors that we are sending out to fight the Global War on Terrorism have the things that they need is an incredible challenge."

Since the Sept. 11 attacks and the start of the Global War on Terrorism, Dockter and his staff have had to manage a large increase in the NETCOM budget. Pre-Sept. 11, the budget was a little over \$200 million; this year it is pushing \$1 billion. The increase is to pay for the growth of the Signal Corps, deployments to Southwest Asia, and the equipment needed to keep those in Operations Enduring Freedom and Iraqi Freedom talking to

each other and their families.

"We now live on emergency appropriations from Congress as they deal with the war, and we have been doing what I call 'just-in-time financing,'" said Dockter. "Now, you get right up to the wire and have contracts you need to pay, and the money comes in at the last minute. It has really been an exciting and stressful time.

"Before Sept. 11, things were obviously stable and kind of routine and there weren't a lot of disruptions going on. I guess at that time you could call it kind of boring. But of course, like most people I would rather have the boredom."

Dockter's time working with the Army has been anything but boring. During his tenure he has seen many changes at Fort Huachuca, in the Army, and in the budget arena.

"I have been working here at Fort Huachuca for 26 years, so I have worked though all the name changes," said Dockter. "When I first got here they were still stringing wire and burying cable."

He says that when he began his career, satellite communication was just coming into being and changed the way the Army does business.

"I have seen a world of changes in the past 39 years and e-mail is the biggest," Dockter said. "I remember when you got a question from the general and it came down on a suspense, and you had to answer it within five business days. Now you get an e-mail from the general and you probably need to try and answer it in 15 minutes. E-mail has caused things to move a lot quicker."

According to Dockter even preparing budgets for an organization has changed. Ten years ago he used to be involved in huge budget exercises a couple of times a year. These exercises would span six to eight weeks, and its participants would work every night and weekend to prepare reports that numbered in the thousands of pages. The budget exercises still exist, but are now automated, scaled down and cut back.

Although he will not miss the meetings or the stress of "just-in-time financing" Dockter said he is going to miss the people he works with and those he has met during his Army travels. When he started in 1966 most women were still stay-at-home moms and the work force was predominately male, consisting of a lot of veterans of World War II and the Korean War. That has all changed, and he said that his work force is 90 percent female.

"It is a lot more diverse now and that has been a significant change in the complexion and the dynamics of how the office works," said Dockter. "I won't say one is better than the other, they both do good work. I have worked with a lot of good people throughout my 39 years, but, I have to say I have one of the premiere resource management work forces in the country, in the Army, right here at NETCOM."

"Bruce leads a directorate of well-trained, highly motivated professionals who impact every unit in NETCOM. A directorate that wins almost every resource battle – a directorate that must win to keep NETCOM going," said Shively. "He is leaving the most important legacy of all – a strong group of well-trained professionals that will continue to train new folks in the things that he taught them."

Dockter's praise extends beyond the walls of the resource management office and said that during his career he has met some outstanding young people, both military and civilian, who have given him faith in the future of the Army and our country.

"You hear so many bad things about people, but in my tours around the world I have meet some awful sharp young people in some very dangerous and very responsible positions," he said. "Especially in the signal environment where there are a lot of technically knowledgeable people, just a lot of really sharp people."

Dockter's decision to stay at Fort Huachuca for 26 years was not only motivated by the job, but also the people closest to him – his family.

"We (him and his wife Carol) had aging parents in the area, and we had kids that were getting to be teenagers and they kind of wanted to be stabilized so we got here and just kind of stuck," Dockter said. "At the time, this was a very large organization, still had a really great structure. It was the one post west of the Mississippi (River) where I could still advance."

Although the resource management section shrank from around 200 people when he arrived in 1979, to its current staff of around 50, Dockter did advance. He started off as a GS-12 program analyst working in the comptroller's office for the Army Communications Command, just down the hall from his current office. He worked his way up and for the past eight years he has been the head bean counter for the ASC and NETCOM

See **RETIREMENT**, Page A8

## Army relieves TRADOC general of his command

SCOUT REPORTS

On Aug. 8, the Chief of Staff of the Army directed the relief of Gen. Kevin P. Byrnes from his position as Commanding General, United States Army Training and Doctrine Command. The investigation upon which this relief is based is undergoing further review to determine the appropriate final disposition of this matter.

#### **School calendar corrections**

Students will return from the winter holiday on January 3rd (not January 2nd). The 2nd of January will be observed as New Year's Day. As a result, only February 20 will be a no school day

## Army unveils active Brigade Combat Team stationing plan

**ARMY NEWS SERVICE** 

As part of its largest restructuring since World War II, the Army announced its plan last week for stationing its active component modular Brigade Combat Teams.

The plan includes new organizations being formed and other units being returned from overseas locations. The return of the overseas units adds up to 50,000 Soldiers and 150,000 family members being brought back to bases in the United States.

In the end state, the number of active modular BCTs will increase from 33 to 43, enhancing the active Army's combat power by 30 percent.

The plan was announced at a Pentagon press briefing conducted by Special Assistant to the Secretary of the Army Raymond F. DuBois and Army Vice Chief of Staff Gen. Richard Cody.

"Moving the Army to modularity represents the largest change of our Army since 1939," Cody said.

He also explained the benefits the Army and Soldiers will see from the stationing plan.

"What this does for us is it sets up the footprint of the United States Army," Cody said. "It optimizes the training areas. Posts, camps and stations are structured properly for the new weapons systems we have. It set us up for some great training opportunities. I think, over time, the big winners are going to be our Army families ... because we can put a Soldier and his family at a post, camp or station there, and leave them there for four to five years."

Cody said the Army's modular force initiative and stationing plan will better posture the Army to meet its strategic commitments, to include ongoing global combat operations, while allowing it to continue transforming to meet the future demands of combatant commanders.

He explained the life cycle management of BCTs is stabilized through three-year rotation cycles. "The Army will not be moving its people around as much - this will reduce turbulence in brigades and battalions," Cody said. "This will stabilize forces and provide for more cohesion within brigade combat teams."

DuBois said the current plan ties perfectly into the Army's modular initiative, the return of troops from overseas and base realignment and closure recommendations.

"The selection of the BCT stations was a deliberate and analytical process," DuBois said. "In this complex set of chess moves, it shows that Soldiers and family members remain the centerpiece of the Army and life will be more predictable for them."

DuBois said that the plan is a force stabilizer for Soldiers and family members and directly impacts their quality of life.

As a key element of the BCT stationing plan, the Army will implement the Office of the Secretary of Defense's Integrated Global Presence

and Basing Strategy analysis recommendations a division-centric structure to one built around by returning up to 50,000 soldiers from overseas locations by the end of the decade.

DuBois said the Army will not lose its presence overseas but the reduction of more than half of the forces will be a significant savings to U.S. taxpayers.

Two key recommendations of the analysis include the return of the 1st Infantry Division to Fort Riley, Kan., and the relocation of the 1st Armored Division to Fort Bliss, Texas. The 1st Infantry Division will return in 2006 and the timing for the return of the 1st Armored Division is under review.

The Army selected locations for the modular BCTs based on existing and potential capacities, available training space, and current locations of similar and supporting units.

While the modular brigade combat teams follow historic division and brigade unit naming conventions, these units are of a completely different design than their predecessors. The essence of this transformational design is a new force that can be deployed singularly or in groups - ready for employment in a variety of designs as self-contained modules over a dispersed area. Essential to the success of this force will be the use of Army's installations as platforms from which to rapidly mobilize and deploy military power.

The Army modular force initiative involves the total redesign of the operational Army into a larger, more powerful, more flexible and more rapidly deployable force. It moves away from

the Army's new modular combat team.

Additionally, modularity — in combination with rebalancing the type of units — will significantly reduce the stress on the force because of a more predictable rotational cycle, coupled with much longer dwell times at home station.

This commitment to minimizing the turbulence for Soldiers and families remains a top priority for the Army senior leadership. To reinforce this commitment, during the stationing of BCTs and relocation of units, Soldiers will move with their families and family moves will not be scheduled until the Soldier redeploys.

#### **Active Brigade Combat Teams Posture:**

- Fort Benning, Ga. 1 Brigade Combat
- Fort Bliss, Texas 4 Brigade Combat
- Fort Bragg, N.C. 4 Brigade Combat
- Fort Campbell, Ky. 4 Brigade Combat
- Fort Carson, Colo. 4 Brigade Combat
  - Fort Drum, N.Y. 3 Brigade Combat Teams
- Fort Hood, Texas 5 Brigade Combat
  - Fort Knox, Ky. 1 Brigade Combat Team
- Fort Lewis, Wash. 3 Stryker Brigade Combat Teams

See COMBAT TEAM, Page A8



Special Assistant to the Secretary of the Army Raymond F. DuBois briefs the active Brigade Combat Team stationing plan with Army Vice Chief of Staff Gen. Richard Cody at the Pentagon July 27. The announced plan is part of the Army's largest restructuring since World War II.

### NCA completes project to catalog every memorial on its grounds

VA HOMETOWN NEWS SERVICE

The National Cemetery Administration just completed a two-and-a-half year effort to catalog every memorial on its grounds, and the project yielded some surprising results.

In 2002, NCA estimated there were 300 monuments and memorials in VA national cemeteries and soldier's lots. The final count revealed there are 872.

The Memorials Inventory Project, based on the national Save Outdoor Sculpture inventory project, used volunteers to document, measure and photograph monuments and memorials on NCA property. More than 3,000 people from around the world contacted NCA to express interest in volunteering to participate in the project. Calls and e-mails came in from New Zealand, the Philippines, Denmark, Western Europe, and even from active duty military personnel fighting in Iraq. In all, 372 volunteers

worked on the project — including 40 VA employees from across the country.

Volunteers documented 1,049 different memorial objects found at VA national cemeteries. A number of surveyed objects, such as Bivouac of the Dead plaques, Gettysburg Address tablets, carillons and artillery, were reclassified under separate categories after the project ended.

The majority of project volunteers were active duty military personnel and working professionals, followed by retirees and then students. "The volunteers were very dedicated," said Randy Watkins, of Jefferson Barracks National Cemetery in St. Louis.

Numerous volunteers requested additional survey assignments after completing their first one. One couple documented memorials in Wisconsin and Hawaii, while a military retiree documented three North Carolina sites and two in Arizona. Several groups of volunteers also participated, including a 4-H

club that recorded memorials at Rock Island National Cemetery in Illinois.

"It was my pleasure to participate and play a small role in the survey of memorials honoring our servicemembers who sacrificed for the freedoms we enjoy," said Michael Tanigawa, a retired Army lieutenant colonel who volunteered at the National Memorial Cemetery of the Pacific in Honolulu.

Ongoing analysis of the Memorials Inventory Project has shown that 27 national cemeteries and soldier's lots have been found to contain no memorials.

Dates of installment show that the number of memorials erected in national cemeteries has skyrocketed since 1980; nearly 600 have been installed since 1990. The increase is due, in part, to the creation of memorial paths or walkways as commemorative areas in national cemeteries built since 1980. These findings will guide future funding requests for preservation of monuments and

memorials located in VA national cemeteries and soldier's lots.

The project raised awareness about national cemeteries, their history, and the soldiers and sailors interred in them.

Many volunteers conducted thorough and intensive research on the memorials that has proven invaluable for the NCA History Program.

Through the project, NCA identified one particularly significant monument at the Loudon Park National Cemetery in Baltimore. The Maryland Sons monument,

originally dedicated as the Union Monument on Memorial Day 1884, has a 3-foot terracotta frieze around it — similar to the frieze around the National Building Museum (formerly the Pension Building) in Washington, D.C. The Memorials Inventory Project volunteer submitted 1884 newspaper articles revealing that the

See NCA, Page A15

**Advertisement** 

## DFAS Cleveland customer contact center

BY MELISSA VASQUEZ

The DFAS Cleveland Customer Contact Center proudly began servicing Army customers in October 2004. We welcome the Army as our largest military customer group, and we would like to reintroduce our center and provide some detail on the services we are able to pro-

The center's hours of operation are Monday-Friday from 7:00 a.m. to 7:30 p.m. EST. The Contact Center answers phone inquiries from a wide range of customers and several different phone numbers. Army Active Duty members can reach our center by calling 888-PAY-ARMY (888-729-2769) for active duty pay, 866-859-1845 for garnishment inquiries, 800-390-2348 for myPay inquiries, and 800-624-7368 for SDP inquiries. The Customer Contact Center also answers customer email inquiries generated from the

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DFAS and myPay websites.

Our mission is to respond to customer inquiries and requests courteously and professionally, consistently providing accurate service in a timely manner. In support of this mission, we provide a broad range of information, assistance and support to our Army Active Duty customers. Below are some examples of the services provided:

\* General questions regarding active duty pay (i.e. any inquiry that can be answered by reviewing the members' Master Military Pay Account Record and other system applications for which the Contact Center has capability of reviewing)

\* Inquiries regarding the Savings Deposit Program (SDP). This includes viewing if a claim has been processed, providing the date it will deposit in the member's account, and answering tax form 1099 inquiries.

years to individuals in accordance with directions issued to service members each year by AMPO. Members are strongly encouraged to use the myPay website for immediate W-2 retrieval.

- \* Update address fields for mailed allotments per telephone call and faxed authorization
- \* Respond to a wide range of entitlement questions (e.g. identify whether entitlement has posted, or in a reject/recycle status)
- \* Inquiries regarding court ordered garnishment for child support, alimony, and commercial
- \* Inquiries regarding the myPay website, including general navigation, troubleshooting, and how to obtain and customize PINs. Members are strongly encouraged to use myPay website for immediate PIN issuance.

Our center also hosts a 24-hour \* Reissue W-2s for the past 5 Military Pay Information Line that

provides service members access to their specific pay information. By dialing 888-PAY-ARMY from a touch-tone telephone a member can enter their SSN and PIN (or myPay PIN), the Interactive Voice Response System (IVRS) can provide access to the following: information on your most current net pay, direct deposit, allotments, bonds, taxes, leave, and much more. General information can also be provided on non-receipt of allotments, information on bonds in safekeeping, reporting procedures for lost or stolen bonds, and inquiries regarding estimated earnings for purposes of civilian retirement.

Although we would like to be a one-stop shop for customer inquiries and problem resolution, there are certain types of inquiries our Contact Center can not address. These include:

See **DFAS**, Page A15

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#### RETIREMENT, from Page A3 -

He said that he was ready to retire in 2000, but decided to stay another year. When Sept. 11 happened, he wanted to do his part, "no matter how small it was."

"I felt kind of obligated to stay and do what I could for a period of time just to help out," Dockter said. "But it is time to step aside and make room for the push of younger people and their great ideas."

Dockter plans on returning to his younger days

when he retires by re-learning to play the piano.

"When I was in high school, I took organ lessons and haven't played since, but I have always wanted to sit down and do that again," he said. "I will also use my time to play with the dog and play a little golf. I haven't been able to play golf for about a year, and I would like to get back to that."

His list of retirement activities also includes grilling on his recently remodeled patio, catching

up on all the reading he has put off (some of this reading will be done in a hammock), and traveling with his wife. He also plans on "finally sitting down and finishing" a book he has been working on for several years.

"I just want to do fun things like that, sit back and enjoy life for a little bit," said Dockter. "People say that the sixties are the best part of your life. I just turned 61, so I want to enjoy the next 10 to 15 years."

#### COMBAT TEAM, from Page A4

- Fort Polk, La. 1 Brigade Combat Team
- Fort Richardson, Ak. 1 Brigade Combat Team
- Fort Riley, Kan. 3 Brigade Combat Teams
  - Fort Stewart, Ga. 3 Brigade

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Combat Teams

- Brigade Combat Team
- Schofield Barracks, Hawaii 1 Brigade Combat Team
- 1 Stryker Brigade Combat Team
- Fort Irwin (National Training • Fort Wainwright, Ak. – 1 Stryker Center), Calif. – 1 Brigade Combat Team (minus)
  - Korea 1 Brigade Combat Team
  - Germany 1 Stryker Brigade Combat Team
    - Italy 1 Brigade Combat Team

The number of Soldiers in a BCT varies between 3,500 and 3,900 depending upon whether it is a Light, Heavy or Stryker BCT.

More information on the BCT stationing plan and a printer friendly map is at www.army.mil/modularforces/.

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## Marine reservists find a friendly neighbor at Fort Huachuca

**BY DAN SIMON** 

SCOUT STAFF

A Tucson Marine Corps reserve unit came to Sierra Vista for a project recently and discovered the benefits of Army hospitality.

The Marines were in town to work on an active duty for training project out at the Sierra Vista Shooting Range, Sgt. Eric Martinez of the USMC's Bulk Fuel Company A, 6th Engineer Battalion, Fourth Fleet Service Support Group, said. While in town, he met up with the garrison command sergeant major.

"He asked us to come in," Martinez said. "He told us if there was anything we needed ..."

The unit, which specializes in running grading and other heavy earth moving equipment, soon found reason to take advantage of the Army's offer.

"We ran out of hydraulic fluid and steering fluid," the Marine said. "We didn't have anywhere where we could have gotten more, but the Army gave it to us. It was great, and it was all because the command sergeant major said to help us."

Fort Huachuca also provided the unit maintenance facilities to repair truck tires, showers and other support.

"They're supporting us with our chow and cots,"

Martinez said. "We also get our water from the fort."

The Sierra Vista project was important for the unit because it gave them a chance to practice the same skills they'll use when deployed. In fact, many members of the 17-person detachment have already deployed to Operation Iraqi Freedom.

The Marines were building up the shooting range berms, designed to minimize the hazard from ricocheting bullets.

"The berms had gotten too low," Martinez said, "they were getting ricochets. So we're building up the berms, digging a catchment for water for animals, grading the road and re-beautifying the whole area.

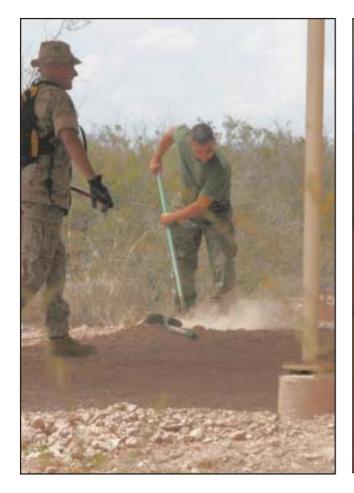
"In Tucson we don't have the opportunity to do heavy equipment work like this. There's not much for us to do up in Tucson, so we kind of find our own stuff."

That attitude paid off when Martinez got a call from Beverly Manago, asking if the reservists could help fix up the shooting range. In a sort of closing the circle irony, it seems the range itself had been built by another Marines reserve unit out of Tucson about 15 years ago.

"We volunteer a lot," Martinez said. "We don't



Marines grade the road to the shooting range.





get paid sometimes, but it makes us more proficient in our work.

"It paid off for us in Iraq. We knew out to grade (and) operate heavy equipment. It put us at an advantage."

Martinez said the Fort Huachuca Marine detachment was also helping his unit out letting them use maintenance facilities to repair vehicles and fix tires and even providing such basics as a place for them to take showers.

The reservists are from all over the Southwest region with locals from Sierra Vista and Bisbee and some from as far away as El Paso, Texas and Farmington, N.M.

In all, the visiting reservists were impressed with the friendliness of Fort Huachuca and Sierra Vista. Members of the gun club regularly supplied them with food for lunches and local businesses donated sports drinks and other products to make their stay easier.

(left) A Marine works near one of the shooting range buildings. (right) An NCO checks a cattle guard before sending heavy equipment through.

PHOTOS BY DAN SIMON

**Advertisement** 

#### Range Closures

For more information on range closures, contact Range Control at 533-7095. Closures are subject to change.

#### Register for preschool

Registration is now open for The New Beginnings Child Development Center's "Part-Day" Preschool Program, for children ages 3 – 5 that are not enrolled in kindergarten. The program begins Aug. 15 for the 2005 - 2006 school year.

The curriculum is appropriate to the age, individual needs, learning style and interests of each child, as well as sensitive to cultural and community concerns that effect the children served.

For more information, call the Child and Youth Services Central Registration Office at 533-0738. The office is located in Murr Community Center, Building 51301.

## Warrant Officers monthly meeting

The United States Army Warrant Officers Association Arizona Silver Chapter will be holding its monthly meeting at 11:30 a.m. on Aug. 16 at the TMAC. This month they will be discussing the 5<sup>th</sup> Annual Golf Tournament. All Warrant Officers (active, reserve, retired) and War-

rant Officer Selectees are welcome. Come and see our new Warrant Officer memorabilia available for purchase. For more information, please call Chief Warrant Officer Erin O'Hara at 533-4843.

#### Volunteer training

The Army Volunteer Coordinator will offer Volunteer Management Training, 5:30 p.m., Aug. 17 at the Army Community Service, Building 50010. The class is open to anyone who oversees volunteers and is interested in attending.

For more information or to register, call 533-2330.

#### **Preschool screening**

The Fort Huachuca Accommodation School District will be conducting a preschool screening on Thursday, August 18, 2005 for all 3-, 4-, and non-kindergarten 5-year-olds residing on Fort Huachuca.

The screening instruments the schools intend to use are designed to survey gross-and-fine-motor skills, communication skills, cognitive development and socio-emotional development. In addition, they will be testing hearing and vision.

Through the screening process, the schools hope to identify those

Sunday

Sunday

Friday

1st Friday

children in need of any type of early childhood special education services. If you suspect a disability in your preschool age child, call the FHAS district office at 459-8399 or 458-5082 by August 15.

#### **University visit**

A Troy University representative will be at the Post Education Center from 10 a.m. to 2 p.m. on Aug. 23. Stop by to learn more about the degrees Troy offers through distance learning as well as the graduate programs taught at Davis Monthan AFB in Tucson. For additional information, call 520-748-2625.

#### **AFTB Level II classes**

Army Family Team Building will offer Level II AFTB classes 5:30 - 9 p.m., Aug. 23, 24, 25, 30 and 31 at Murr Community Center, Building 51301.

AFTB Level II is a series of classes that range from understanding Army life to enhancing leadership skills.

The classes are free but please pre-register with Army Community Service at 533-2330 or 533-3686, or e-mail

1st. 2nd. 3rd. 5th Sunday

7 p.m.

Tuesday

huachuca aftb@hotmail.com.
For more information, call
Cheryl Patterson at 533-3686.

Youth Church

Men's Choir

10:45 a.m.

10:45 a.m.

3 - 6 p.m.

7 p.m.

7 p.m.

#### **Women's Equality Day**

The USAIC&FH Military Equal Opportunity Office presents "Women's Equality Day" luncheon. The luncheon will be from 11:30 a.m. to 1 p.m. on Aug. 31 at the Thunder Mountain Activity Centre. The cost is \$10, there will be no tickets sales after Aug. 26. The luncheon will feature Kyla M. Macario from the University of Arizona, University Teaching Center. For more information or tickets contact USAIC&FH EO Office 533-1717 or 533-3696, NETCOM EO Office 538-0909, 111th MI Bde EO Office 533-3672, or 11th Sig Bde EO Office 533-5502.

## AFA offers half-price memberships

This offer enables E-1s through E-4s to join AFA for a discounted annual fee of \$18-half off the regular yearly price of \$36. We're excited about increasing the opportunity of young Airmen to join our association. By joining AFA, members receive 12 monthly issues of Air Force Magazine, the professional journal of the association. Members can also take advantage service, travel services, access to a "members only" online community and more. For more information, go to their Web site at <a href="https://www.afa.org">www.afa.org</a>.

## Chaplain's Corner

**Protestant Sunday Services** 

# 8 a.m. Episcopal Main Post 9:20 a.m. Gospel Kino Chapel 9:30 a.m. Protestant Prosser Village 11 a.m. Cross Roads Cochise Theater 11 a.m. Collective Main Post 3:30 p.m. ALPHA Prosser Village

oman Catholic W	orsnip	
MonFri.	11:30 a.m.	Main Post
Saturday	4 p.m.	Main Post
Confession		
Saturday	5 p.m.	Main Post
Mass		
Sunday	9:30 a.m.	Main Post
Mass		
Sunday	11:30 a.m.	Kino Chapel
Mass		

E:1 7	
Friday 7 p.m.	Main Post

otestant		
Main Post Chapel		
PWOC	Tuesday	9 a.m.
Sunday School	Sunday	9:30 a.m.
Kino Chapel		
Women's Ministry	1st, 3rd Friday	6 p.m.
Bible Study Fellowship		
Adult/Youth	Sunday	8 a.m.
Sunday School		

Renearsar				
Women's Choir	2nd Tuesday	7 p.m.		
Rehearsal				
Adult Bible Study	today	6 - 7 p.m.		
Youth Bible Study	today	6 - 7 p.m.		
Sanctuary Choir	today	7 p.m.		
Rehearsal				
Youth Ushers	Saturday	10 a.m.		
Youth Choir	3rd Saturday	10:30 a.m.		
Youth Emphasis	4th Saturday			
Saturdays				
Drama Team	Saturday	8:30 a.m.		
Youth Min. Staff	Saturday	10 a.m.		
& Parents Meeting				
Youth Choir	Saturday	10:30 a.m.		
Rehearsal				
Murr Community Center				
Teens and	Sunday	9:20 a.m.		
Pre-teens Study				
Parish Council	1st Sunday afte	er service		

Meetings				
Women's Ministry	2nd Sunday			
Meetings				
Youth Ministry	3rd Suday			
Meetings				
Adult Usher	4th Sunday after service			
Meetings				
Men's Ministry	Saturday 8 a.m.			
Bible Study				
Women's Choir	5th Saturday 11 a.m.			
Rehearsal				
Muslim Prayer				
Friday 11:30	a.m. Main Post			
Buddhist Weekly Teaching				
Tuesday 6:30 p.	m Prosser Village			
Orthodox Divine Liturgy				
Sunday 10 a.m	Main Post			
Latter Day Saints Service				
Sunday 1 p.m.	Prosser Village			

Catholic

CCD

Adult

Apologetics

MCCW

Pr

Adoration of the

Sacrament Blessed Korean OCIA

Main Post Chapel

## Serengeti Trek, a program for kids who are "wild about God"

BY ROB MARTINEZ

SCOUT STAFF

Serengeti Trek, a Vacation Bible School program conducted at the Main Post Chapel, concluded Friday.

The program, inspired and named from the region in Tanzania Africa, started August 1 and was open to children of all denominations from kindergarten to fifth grade. Childcare was provided for children from six months to three years old.

Each day, the children started at 8:15 a.m. with singing and praise, then rotated through five different stations, such as "Wild Games" and "Critter Crafts," that included games and skits emphasizing that day's Bible point. The activities culminated at noon in the chapel with the "Mane Event," which included an overview and more singing and prayer.

"The program's goal is to enlighten the kids in the understanding of general religion," said Dan DeVeny, coordinator of religious education. "We do it every year. The time frame changes, but it has the same program."

The program is run by volunteers. Also, the sixth and eighth grade participants help with different groups, and those in ninth grade and above can run a group by themselves. Most groups have two supervisors.

Enrollment for the program was high, and most of the rooms in the chapel center were used, even the park across the street. The 309th Military Intelligence Battalion provided the road guards to protect the children going back and forth.

"It's awesome," said Christine Henry, who directed the "Mane Event. "There's the music and actions, I get them excited about what they are doing."

Henry has been doing this for 11 years.

"Not only do I get to have a lot of fun, but learning about Jesus is the main goal" she said.

Helping Henry was her friend Nicole Power, who had just returned from

Sierra Leone, Africa, where she worked with the Child Evangelism Fellowship.

Power wore traditional African clothes, and informed the participants, who are collecting school supplies for children in Africa, about the country and the people there.

Powers didn't feel scared about going to Africa she said.

"God would protect me," she said.
"But my mom did (feel scared for her)."

Parents liked Serengeti Trek too. Lisa Odom, whose son attended the program, said it was a good break for her, and it gave kids the experience of getting out of the house. "They get up, get ready, prepare for going back to school. And I learned things about what he learned," she said.

Serengeti Trek is held every summer. For more information, please call Dan De Veny at 533-4598.



Photo by Rob Martine

Christine Henry, her daughter and Nicole Power explain how Jesus forgives at the Serengeti Trek.

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#### NCA, from Page A5 -

monument sculptor was allowed to use the mold from the frieze at the Pension Building, which was being built at the same time.

Another beneficial outcome of the project has been the centralization of memorial information. Although volunteers were unable to locate information on many memorials, the project did reveal how many memorials are in VA's national cemeteries and where they are. It also produced a significant photographic archive for the NCA History Program, with more than 6,600 photographs and more than 500 negatives of memorials collected.

NCA will share information on its sculpture

monuments with the public later this year through the Smithsonian's art inventory database, known as SIRIS. The NCA History Program will also work with NCA IT staff to create a searchable online database of its own so that information and photographs on all of its memorials will be available to the public.

#### DFAS, from Page A6 -

- \* Army travel inquiries. These inquires are referred to 888-332-7366.
- \* EFT non-receipt inquiries. These inquiries must be referred to 317-510-0585.
- \* Changes to a member's pay account (such as leave, BAH and other entitlements) are processed at the local DMPO/FO. The Customer Contact Center does not have input capabilities to be able to process any changes to a member's pay account.
- \* Status of bonus processing must be obtained at a local DMPO/FO. Once the bonus has processed, the Contact Center can assist the memher
- \* Information on tax levies must be obtained at a local DMPO/FO.

If an Active Duty Army member should contact our center and inquire about one of the above topics, we must advise them to contact the appropriate office, as they are the best source

for assistance.

Upon completion of a call, where we provided assistance, we always invite the member to take a short customer satisfaction survey to determine their needs and identify ways to improve our service.

Once again, we welcome our new Army customers. It is our privilege to provide pay services to the dedicated men and women that defend America.

#### **Advertisement**

## Fort Huachuca prepares for the unexpected

BY AMANDA KEITH SCOUT STAFF

Fort Huachuca's ability to respond to the unexpected was tested last week as the post concluded the annual mandatory Antiterrorism/ Force protection exercise, held post-wide from Aug.1 through 3.

"The overall objective [of the exercise] is to validate the installation plan," Col. Jonathan Hunter said. "We hope to find places where the plan may be weak ... the only way to validate the plan is to have an exercise."

During the exercise, post personnel participated in various staged situations to test Fort Huachuca's response to dangerous situa-

"If [an attack] were to happen, we don't want to be doing this for the first time,"

Maj. Gen. Barbara Fast said.

One exercise that the post engaged in was a simulated domestic violence situation that escalated into a hostage situation. A woman walked in on her husband and his girlfriend; a jogger heard the disturbance and called the military police. A gun went off, and the jogger called the military police again, which is where the exercise began.

The military police arrived at the scene, carrying "safe weapons" (rubber weapons that are the size and weight of real weapons). "We can't let someone get hurt [during the exercise]," Maj. Rhett Weddell, the provost marshal and director of emergency services, said. Eventually, the SWAT team as well as Sierra Vista law enforcement arrived to help the military police defuse the



Above: Casualties await treatment at Libby Army Airfield.

Below: Fort Huachuca firemen tend to a victim of the stimulated crash scene.

Right: A helicopter arrives to transport casualties to the hospital.

Below-Right: An EMT annotates injuries sustained by a casualty for proper treatment.







August 11, 2005 huachuca-www.army.mil

## From the garrison commander

BY COL. JONATHAN HUNTER

Thanks to the entire Fort Huachuca community for the support and understanding during last week's force protection exercise. We take our duty of protecting the post very seriously and know that the brief interruption of normal activities was time well spent. The ability to practice and improve our abilities is crucial and the exercise was a great success. We appreciate your understanding and patience during this exercise.

Right: A casualty awaits treatment at Libby Army Airfield. The event was part of Wednesday's Anti-terrorism training exercise.







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## Service News







**Over California** 

Six F-16 Fighting Falcons fly in formation during combined developmental and operational testing of the M4.2-plus core avionics suite upgrade to the aircraft. The formation consists of operational test aircraft from Eglin Air Force Base, Fla., and developmental test aircraft from Edwards AFB, Calif.

U.S. Air Force photo by Tom Reynolds

**Advertisement** 

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## Ultimate sacrifice paid in support of OIF

Two soldiers who were supporting Operation Enduring Freedom died on Aug. 4, in Jalalabad, Afghanistan, when their vehicle left the road and went into a river. The soldiers were assigned to the 3rd Battalion, 75th Ranger Regiment, Fort Benning, Ga.

Killed were:

**Pvt. 1st Class Damian J. Garza**, 19, of Odessa, Texas.

**Pvt. John M. Henderson Jr.**, 21, of Columbus, Ga.

Pvt. 1st Class Nils G. Thompson, 19, of Confluence, Pa., died Aug. 4, in Mosul, Iraq, when he was struck by enemy fire while on a routine patrol at an Iraqi police station. Thompson was assigned to the 1st Battalion, 24th Infantry Regiment, 1st Brigade, 25th Infantry Division (Stryker Brigade Combat Team), Fort Lewis, Wash.

Three soldiers who were supporting Operation Iraqi Freedom.

Killed were:

**Spc. Jerry L. Ganey Jr.**, 29, of Folkston, Ga.

**Spc. Mathew V. Gibbs**, 21, of Ambrose, Ga.

Sgt. 1st Class Charles H. Warren, 36, of Duluth, Ga.

They died on Aug. 3, in Baghdad, Iraq, when a vehicle-borne improvised explosive device detonated near their armored personnel carrier. Gibbs was in the vehicle at the time; Warren and Ganey were conducting a dismounted security patrol. The soldiers were assigned to the Army National Guard's 648th Engineer Battalion, 48th Infantry Brigade, Statesboro, Ga.

Staff Sgt. James D.
McNaughton, 27, of Middle Village, N.Y., died August 2 in
Baghdad where he was struck by
sniper fire while he was in a guard
tower. McNaughton was assigned to
the Army Reserve's 306th Military
Police Battalion, 800th Military
Police Brigade, Uniondale, N.Y.

**Sgt. James D. Carroll**, 23, of McKenzie, Tenn., died July 31 near Baghdad where an improvised explosive device detonated near his HMMWV. Carroll was assigned to the Army National Guard's 230th Engineer Battalion, McKenzie, Tenn.

Pfc. Jason D. Scheuerman, 20, of Lynchburg, Va., died July 30 in Muqdadiyah, Iraq, of non-combat related injuries. Scheuerman was assigned to the 1st Battalion, 30th Infantry Regiment, 3rd Brigade, 3rd Infantry Division, Fort Benning, Ga.

Spc. Robert A. Swaney, 21, of West Jefferson, Ohio, died July 30 in Baghdad when an improvised explosive device detonated near his patrol HMMWV. Swaney was assigned to the 3rd Squadron, 3rd Armored Cavalry Regiment, Fort Carson, Colo.

**Spc. Adrian J. Butler**, 28, of East Lansing, Mich., and **Spc. John O. Tollefson**, 22, of Fond du Lac, Wis.,

died July 27 in Ashraf, Iraq, where an improvised explosive device detonated near their HMMWV during a patrol. Both Butler and Tollefson were assigned to the 411th Military Police Company, 720th Military Police Battalion, 89th Military Police Brigade, Fort Hood, Texas.

Four soldiers who were supporting Operation Iraqi Freedom died on July 24, 2005, in Baghdad where an improvised explosive device detonated near their Bradley Fighting Vehicle. The soldiers were assigned to the 3rd Squadron, 3rd Armored Cavalry Regiment, Fort Carson, Colo.

Killed were:

**Staff Sgt. Jason W. Montefering**, 27, of Parkston, S.D.

**Spc. Ernest W. Dallas Jr.**, 21, of Denton, Texas.

**Sgt. Milton M. Monzon Jr.**, 21, of Los Angeles, Calif.

**Pfc. Ramon A. Villatoro Jr.**, 19, of Bakersfield, Calif.

**Advertisement** 

## Soldier Show set for August 23, 24 at BPAC

The 2005 Army Soldier Show is scheduled for 7 p.m., Aug. 23, and 3:30 p.m. and 7 p.m., Aug. 24 at Buena Performing Arts Center, Sierra Vista.

The US Army Soldier Show is a high-energy MTV-style 90-minute live musical review, showcasing the talents of active duty Soldiers who are selected by audition from throughout the Army. They are amateur artists who have a passion for music, dance and performing. They come from infantry, artillery, transportation, military police, medical, intelligence, armor, aviation, signal and other tactical units.

From the more than 400 Soldiers who submitted applications to perform in the Soldier Show, 25 were invited for live auditions, and 16 made the show. Three audio and lighting technicians will accompany them on tour.

This year's show "Operation America Cares," offers a production that expresses the importance of giving deployed Soldiers a touch of home.

"The message of the show is that it doesn't matter how tough we are and it doesn't matter how fit to fight we are, Soldiers are still human and longing for the familiar and America's affection," Soldier Show Director Victor Hurtado

The cast and crew will attempt to bring his vision to life with musical genres rhythm and blues, new rock, country, gospel, eclectic new wave/new age, patriotic and newly arranged movie themes, making the show a "gift to the American Soldier." Admission is free but you must

have a ticket. Tickets are available now, at ITR, Building 70914, Irwin Street, Fort Huachuca and at Sierra Vista Safeway.

Call 533-2404 for more infor-

mation.





Above left, First Lt. Heather Gross of Fort Campbell, Ky., is front and center as 2005 U.S. Army Soldier Show performers sing Christina Aguilera and Missy Elliot's version of "Car Wash"; above right, Sgt. Chaney Mosely of Fort Dix, N.J., sings Bowling For Soup's "1985".

Below, First Lt. Christina Fanitzi of Camp Humphreys, South Korea, sings "Rich Girl" during rehearsals for the 2005 Soldier Show.



Photos by Tim Hipps, USACFSC Public Affairs

#### Right Arm Night at TMAC

The next Commanding General's Right Arm Night, will begin at 4 p.m., Aug. 19 at Thunder Mountain Activity Centre.

Right Arm Night is a great opportunity to relax and socialize. Pay-as-you-go beverages and finger foods will be available. For more information, call 533-3802.

#### Moonlight trail ride at Buffalo Corral

Buffalo Corral will offer a moonlight trail ride at 7:30 p.m.on Aug. 19, the night of the full moon. The price is \$13.50 for authorized MWR patrons and \$19 for civilians. Riders must be at least 12 years of age.

Reservations and pre-payment are required by close of business Sunday.

For more information, call 533-5220.

#### Round 2 of Military Idol Competition

The second local round of the Military Idol Competition will be held at 7:30 p.m., Aug. 19 at Thunder Mountain Activity Centre. The event is open to the public and there is no admission charge.

Active duty military contestants will compete for cash prizes and for the title of "National Military

The local winner will advance to the national competition, Oct. 17 - 22 at Fort Gordon, Ga.

For more information, call Marvin Wooten at 533-3802 or Saul Caraballo at 266-1666.

#### 2-10-2 Biathlon set for August 20

The 2-10-2 Biathlon, the second event of the Sports and Fitness Multi-Sport Summer Series, is scheduled for 7 a.m., Aug. 20, on Monitor Side

The course will consist of a two-mile run on a paved road, a 10-mile bike ride on a paved course, out and back, and a two-mile run on a paved road.

Entry forms are available now at Barnes Field House, or online at www.active.com. For more information, call Karlie Jo Hale at 533-3858.

#### Comedy show at TMAC August 20

Thunder Mountain Activity Centre, along with Top Bananas Entertainment, will present the "Saturday Nite Laughter" Comedy Show live at 10 p.m., Aug. 20. The show will feature three firstclass entertainers.

Opening the show will be Ron Morey who is a regular at the Hollywood Improv and at Harrah's in Las Vegas. He has opened for such acts as D. L. Hughley and Bill Maher.

Also featured will be Patrick DeGuire, who has performed frequently on national television, including Comedy Central and Que Loco on Galavision, and with George Lopez and Tommy Davidson.

Headlining the show will be Ben Creed, a 25year veteran of the comedy circuit. The comic/actor has appeared in several feature films, in addition to live performances at comedy clubs such as Dangerfield's in New York and the Comedy Store in Los Angeles. His television credits are extensive, and he has opened for performers such as Robin Williams, Jerry Seinfeld and Jay Leno.

The show features adult entertainment, and is open to the public 18 and older.

Tickets are \$15 in advance and \$20 at the door, and are on sale now at TMAC, Time Out, the ITR Office and Sierra Vista Safeway.

For more information, call 533-3802.

#### Bike rental now available weekdays

Bicycle rental and repair are now available on Fort Huachuca, 4:30 - 6 p.m., Mon. - Fri., and 10 a.m. - 2 p.m., Saturdays, at Eifler Fitness Center.

Sun 'n Spokes of Sierra Vista provides bike rental and repairs for customer-owned bikes. There are 75 new bikes available to rent.

For more information or to reserve a bicycle to rent, call 236-5969 or visit snsbikes.com on the

#### Visit ITR for attraction tickets

ITR has discounted tickets for many attractions, including Tucson Sidewinders home games.

Call 533-2404 for more information, or drop by ITR Office, Building 70914, Irwin Street. They're open 9 a.m. - 5 p.m., Monday - Friday and 10 a.m. - 2 p.m., Saturday.



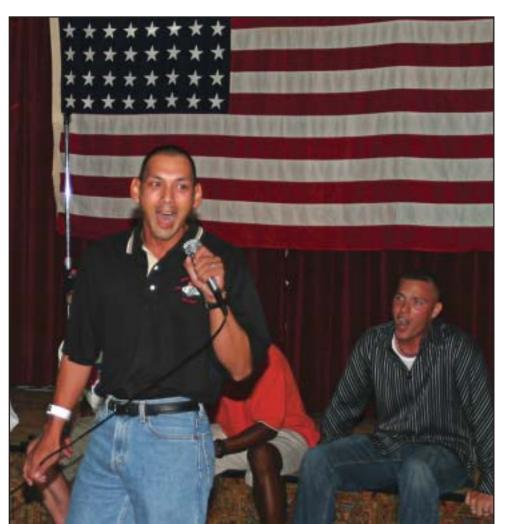
#### Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com

The Fort Huachnea Scout®

August 11, 2005

# The Scout Out





#### **Movies**

Bewitched plays at 7 p.m. today at Cochise Theater. For the complete listing of this week's movies, see Page 28.



Photos by Rob Martinez

Above: Capt. Jordan Francis, Company A, 304th Military Intelligence Battalion, auditions for Military Idol.

Left: A volunteer, from Company E, 305th Military Intelligence Batallion, had to sing a patriotic song.

## Soldiers sing their hearts out at Military Idol competition

BY ROB MARTINEZ
SCOUT STAFF

The Fort Huachuca community gathered at the Thunder Mountain Activity Centre Friday night to enjoy a competition, inspired by the popular television show American Idol, and to root for their units' singers.

The event was the first Military Idol competition, a chance for Soldiers to show off their singing talents in hopes of competing against some of the military's best performers.

Sgt. James Greer, who's going to school to be an intelligence analyst, brought his entire family, which included his wife, Esther, and his two daughters, Jaslyn and Lilian; Jaslyn is four months old.

Greer's wife said that he should have entered. Greer, a professional songwriter, said "Singing's not my thing."

He was there to support his friend

and contestant Sgt. Awanda Williams. "She's good, real good," he said.

The contestants, ranging from specialists to captains, waited in the centre's Star Room. As some warmed up, others conversed or just lounged, like Staff Sgt. Leroy Foster, a trombone player in the 36th Army Band. He explained that enough of his friends recommended he do it.

"Why not," he said. "I gave it a try. The five hundred dollars for the unit fund, and the first prize is incentive.

"I just want to get it over with," he said. "I'm impatient."

The contest was judged by Araceli Sierra-Mandy of the Communications Electronics Life Cycle Management Command's Acquisition Center; Phyllis Hairston, who works for the Army and Air Force Exchange Service; and Sgt.1st Class Jeremy Howe, a tuba player(who also sings) with the 36th Army Band.

Howe explained that this phase was more about getting to the next

round. "Next," he said, "is about winning. A few have a pretty good shot."

For this round, the contestants were judged on an a capella performance. Unlike the next, which will be held on August 19, the outcome was not influenced by the audience's reaction

After the judging, all the contestants were invited back on stage to sing together.

Sgt. Mitch Cottrell, from the 556th Maintenance Company, arrived at Fort Huachuca too late to register for the contest but that didn't stop him from supporting the event.

"I'm extremely happy this post does things like this," he said, "cause it builds camaraderie."

He had expressed his feelings, during a break in the show, when he answered a call for volunteers and was pleased when he realized that the volunteers had to sing a patriotic song. Cottrell sang "Proud to be an American."

"I wanted to be in it anyway," he said.

Soldiers who made it to the next round:

Spc. Laura N. Doty MEDDAC

Staff Sgt. Randy Maurer MEDDAC

Spc. Jeffery B. Eidson 86th Signal BN

Spc. Saquawia V. Funderberk A Co. 305th MI BN

Staff Sgt. Thor Tristan Campbell 269th Signal Co.

Spc. Jeramie Kramer A Co. 86th Signal BN

Spc. Willard Baker Jr.
NETCOM 9th ASO

NETCOM 9th ASC Sgt. Awanda Williams

A CO. 309th MI BN

Sgt. Dushaune Gaines 556th Maintenance Co.

Staff Sgt. Leroy B. Foster

36th Army Band 2nd Lt. Timothy J. O'Sullivan IV

C Co. 304th MI BN.

## Ask the Dietitian -

## Eat less and move more for a healthy life

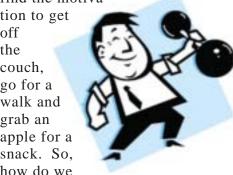
BY CAPT. JENNIFER L. **RODRIGUEZ** 

REGISTERED DIETITIAN

This isn't a new concept, however, day after day and month after month we struggle with the best way to eat healthy and exercise. It's not about not knowing, it's about trying to

find the motiva-

tion to get couch, go for a walk and grab an apple for a



how do we find the time and motivation to do what we "know?" Let's talk "joyful movement," shall we?

The new dietary guidelines for

Americans released this year recommend at least 30 minutes of moderate intensity activity everyday. For those trying to lose weight the amount of activity goes up to 60-90 minutes everyday. Most people will look at those numbers and say "forget it; I couldn't even get in 20 minutes, three times a week!"

The good news is that your daily activity does not have to occur all at once. This recommendation can be accumulated time. For example, if 30 minutes is your goal, you could walk 10 minutes in the morning, 10 minutes at lunch and 10 minutes after dinner. Activity doesn't just mean getting on the treadmill either. Weight training, basketball, walking, and swimming are just a few examples of how to add up your daily activity and meet your goal.

Find creative ways to incorporate activity into your daily routine. Get away from your desk and take a walk break, take the stairs instead

of the elevator, park your car further away from the building, ride your bike to work,

and walk

at lunch. A great way to gauge your current level of activity is to wear a pedometer. For as little as five bucks, you can get a small device to clip to your pants and track your steps. Aim for more steps

each day and build up to 10,000 steps. Start an office competition and challenge each other to move more. A little friendly competition is a GREAT way to get and stay motivated.

Try to avoid the exercise rut. Choose different activities to challenge your body and prevent boredom. Try something new like yoga or Pilates, take a water aerobics class, get an exercise buddy to help keep you motivated and take the "work" out of working out! If all else fails, give me a call and I'll give you a motivational pep talk. Remember this is all about living a healthy life and your body will thank you for it! Go, go, go!!!

Rodriguez is a registered dietitian at the Raymond W. Bliss Army Health Center on Fort Huachuca. Send questions to jennifer.rodriguez1@us.army.mil.

## Sierra Vista 50th Anniversary



Countdown: Sierra Vista turns 50 in 41 weeks

#### EDITORIAL COMMENT:

**B2** 

The City of Sierra Vista will celebrate its 50th anniversary, "More than a city—a way of life," May 26-28, 2006. In support of the city's celebration, each month until the celebration weekend, The Fort Huachuca Scout will run one reprinted article from the 1955 and 1956 issues of the "Fort Huachuca Scout", showing what fort life was like 50 years ago. Each week, we'll print one or more highlights of what happened on Fort Huachuca a half century ago.

Sierra Vista was founded in 1956 and annexed Fort Huachuca in 1971. Now, as in the past, the two entities worked together and are involved in many partnerships.

The Fort Huachuca Scout has been in publication for 54 years since 1951. Morgue copies of the "Scout" are available for viewing at the Fort Huachuca Public Affairs Office, Building 21115, 3015 Carnahan Street, across the street from the gazebo at the west end of Brown Parade Field. Call 533-2622 for additional information.

Enjoy reliving Fort Huachuca's past 50 years, and reminisce as we travel back in time. - Joan Vasey

Reprinted from the August 11, 1955 "Fort Huachuca Scout'

#### **The Operation of Special Troops**

(Photos and short paragraphs explaining each function appeared on page 4. While we cannot print the actual photos, the paragraphs highlight each function's role in 1955. The information below was taken from the first of three photo features highlighting the installation's Special Troops).

The "Special" in Special Troops stood for many important specialties which were necessary for the operation of the Post. From pastry baking to legal assistance, the men of Special Troops performed a variety of jobs that were seldom dramatic, but important.

The Post Message Center handled incoming and outgoing traffic for various departments here. Soldiers sorted through messages and other material and assured everything was delivered to the correct departments.

The operation of telephones on Post was checked constantly by a staff of trained technicians. One soldier's duty was to test equipment among the network of wires at the telephone exchange.

The 36th Army Band was then a unit of Special Troops. Soldiers often practiced playing their instruments in the band barracks.

The Post quartermaster operation was complex.

Quartermasters received and issued clothing, boots, and other supplies.

Even the personnel of the Huachuca Scout came under the jurisdiction of Special Troops. In 1955, the Scout was printed at the Epitaph in Tombstone.

One of the many duties of the Military Police was to check cars in and out of the Main Gate.

Soldiers at Finance saw to it that money arrived for the monthly pay call. They also created and maintained finance records.

#### **Soldier Made Police Chief of Tombstone**

Tombstone has a new Chief of Police - or at least had one. He is Pfc. Emerald Miller, Det 1, 9470.

It seems the supply section of Headquarters Comdt. Received an order from Col. Kellers, and was told to pick up two tarps from QM and to deliver them to Mrs. Edna Landin at the Community Hall in Tombstone. Pfc. Miller was nominated for the delivery job.

The Tombstone Chief of police met Miller, signed a hand receipt, and both unloaded the tarps and covered books and furniture in the Community Hall which was water soaked due to continuing rains here.

After the job was done the Chief thanked Miller, stating, "You have done a good job this afternoon. I want to reward you." The Chief made Miller "Honorary Chief of Police of Tombstone" for one hour.

The Fort Huachuca Scout® August 11, 2005 huachuca-www.army.mil

## Arizona Tourist

### See the animals of the world at the International Wildlife Museum



Photos by Amanda Keith

A bobcat swats at a bird in the Predators and Prey exhibit.

BY AMANDA KEITH

SCOUT STAFF

Would you like to go on a safari but can't quite make the fare for a trip around the world? One alternative might be the International Wildlife Museum in Tucson.

The museum brings small pieces of the world to the Arizona desert.

Surprises lurk in every exhibit in the museum; a barn owl guards the rafters, a cubby hole hides a hibernating (and surly-looking) bear, and a giraffe and an elephant watch over the visitors of the Oasis Grille.

The International Wildlife Museum features over 400 mammals, birds and

insects from all over the world in more than a dozen exhibits of "stuffed" animals; some, like the Sheep Mountain (an indoor mountain crawling with a variety of goats and sheep) show the animals in their natural habitat, while the Insect room displays a variety of butterflies and creepy crawlies in glass cases.

One of the highlights of the museum is the "Wildlife of the World" exhibit, which can be described as a hunting lodge filled with priceless trophies. Mounted heads of extinct game beasts, such as the Irish Elk, cover the walls, while bodies of more common animals line the floor (a lion is even available for gentle petting).

The museum also has an "action" room; the "Predators and Prey" exhibit shows mammals, such as a bobcat or a grey wolf, hunting (and in one case, eating) their prey.

The International Wildlife Museum also features computer kiosks stationed throughout the museum that teach visitors about the animals they're looking at. In addition to the computer stations, the museum plays nature videos in the "Wildlife The-

atre" every hour from 10 a.m. to 4 p.m. (entrance is included with admission) for those who want a more in-depth learning experience. **Hours:** 

The International Wildlife Museum is open seven days a week. Monday through Friday, the museum is open from 9 a.m. to 5 p.m. On Saturdays and Sundays, the hours are from 9 a.m. to 6 p.m.

#### Prices:

Admission prices for the museum are as follows; for adults (13 and older), the cost is \$7. For seniors, students and military personnel (with ID), the cost is \$5.50. For children 4 through 12, the cost is \$2.50. Children under 4 are admitted free of charge.

#### **Getting there:**

From the Main Gate, turn left onto and continue on Highway-90 until you reach Interstate 10. Head west on I-10 and take the Speedway Boulevard exit and turn left. Continue on Speedway for approximately five miles (Speedway will become Gates Pass Road) and the museum will be on your right, just before the mountains (if you reach Old Tucson Studios, you've gone to far). Monitored parking lots are available around the museum.

Editor's note; information for this article was taken from the museum Web site at www.thewildlifemuseum.org.



The Birds of Paradise, on display at the International Wildlife Museum

### Community Briefs-

#### 11th Annual Golf Classic Invitational

Sierra Vista's annual golf tournament will be held from Aug. 12-13 at the Pueblo Del Sol Country Club benefits the Sierra Vista Hospital Foundation. Kick off begins with a skills competition and social hour. For more information, call 520-417-4990.

#### **Cruise Night**

Remember the popular summertime sport of cruising? Show off your hot rod and relive the cruising experience on Aug. 13 at The Diner. Registration is from 5-6 p.m and the show is from 6-9 p.m. All cars and trucks are welcome. Plaques will be given to the first 50 entrants. For more information, call 520-378-1958.

#### **Vigilante Days**

Commemorating Tombstone's unique heritage,

this event, held from Aug. 12 to 14, includes activities such as a 10-K run, reenactments, street entertainment, gunfight competitions, mock hangings and a chili cook-off. For more information, call 520-457-3548, 520-457-9317 or 1-888-457-3929 or www.tombstone.org.

#### **Bisbee Blues Festival**

Bisbee's 1st Annual Bisbee Blues Festival, held from 11 a.m. - 7 p.m. on August 20 at the Bisbee City Park, will commemorate Bisbee's famous Bisbee Blue turquoise. Sponsored by the Bisbee Arts Commission, the five-band blues line up features some of the Southwest's most interesting Blues musicians, such as Patrick Gahn, Tom Walbank and the Ambassadors, Bisbee's Train Wreck, the Kat Crosby Band, Bisbee's own Buzz and the Soul Senders and Bad News Blues. Food and beverages will be available for purchase. Tick-

ets are \$12 in advance and \$15 the day of the event. Purchase tickets at <a href="https://www.bisbeebluesfestival.com">www.bisbeebluesfestival.com</a>, Bisbee Visitor Center, the Bisbee Chamber of Commerce and Atalanta's Music & Books. For more information, go to <a href="https://www.bisbeebluesfestival.com">www.bisbeebluesfestival.com</a> or call 520-432-5098 or 520-249-6813.

#### **DAR** information workshop

The Daughters of the American Revolution are holding an information workshop to recruit new members for their organization. The sessions will be at 4-6 p.m. and 6:30-8:30 p.m. on Aug. 24 at the Mona Bishop Room in the Sierra Vista Public Library. The sessions are open to the public and refreshments will be provided.

For more information, call Sallie Lovorn at 432-6671 (e-mail at <a href="mailto:lovorns246@aol.com">lovorns246@aol.com</a>) or Carol Rilling at 378-2010 (e-mail at <a href="mailto:rilling@c2i2.com">rilling@c2i2.com</a>).

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#### Bisbee farmers' market

Saturday's Farmers Market in Bisbee will feature local backyard habitat gardening expert Yvonne Jingle. Jingle, a charter member of the Sierra Vista Gardeners Club, will be making her presentation at 10 am. She is a regular vendor of native plants at the market and is available for consultations at (520) 803-1556.

The Bisbee Farmers Market is open in Vista Park from 8 a.m. to noon on Saturdays. It is cosponsored by the City of Bisbee and the Bisbee Chamber of Commerce. For more information about the Bisbee Farmers Market, call 234-3306 or email

<u>bisbeefarmersmarket@yahoo.com</u>.

#### Free concert

Information Systems Engineering Command will be sponsoring a free concert at 5:30 p.m. on Friday in Veterans Park, Sierra Vista featuring the following bands: West Coast Jazz, Krysis, Train Wreck.

This concert will be open to all ISEC and Ft. Huachuca families. Bring your lawn chairs, blankets, picnic dinners, and drinks, sit back, relax and enjoy a wonderful evening of music under the southwestern sky.

#### Scholastic Clay Target program

Youths in grades six-12 are invited to learn to safely shoot a shotgun at 8:30 a.m. on Saturday at the Sportsman's Center on Fort Huachuca, under the supervision of certified instructors. Ammunition, shotguns, clay targets and hearing and eye protection will be provided to participants free of charge. The only requirements are for a parent, counselor or guardian to be there, and for youths to bring a hat or

cap. Adults are encouraged to participate, and should bring a cap, eye and hearing protection for themselves. For more information, contact Rene Dube at (520) 378-6864 or John Millican at (520) 803-7535.

#### Youth computer classes

Beginning on Monday, SkiesUnlimited will present "Computer Instructional Classes" for children, in two ages groups, 5 - 8 and 9 - 18, twice weekly at Johnston Elementary School Computer Lab. The cost of this program is \$50 per month, plus annual CYS membership fee of \$18. Please call Robin Gabert at 533-0710 for times and dates.

#### Air Force meeting

Cochise Chapter 107, Air Force Association, invites everyone interested in the Air Force to attend a meeting at 6:30 p.m. on Tuesday at Dawn's Family Restaurant and Tavern in Sierra Vista. The dinner begins at 5:30 p.m. and may be from the lunch or dinner menu. The speaker will be Col. Frank Klein, USAF retired; his topic will be Rediscovering the Location of the North Megnetic Pole. Reservation required by 3 p.m. on Aug. 12 to Joe Anton at 458-0538.

#### Soccer club sign-up

Sign-up for the Fort Huachuca Youth Soccer Club, for youth ages 4 – 13, will be held through Aug. 19 at the Youth Center, Building 49013, or at the Central Registration Office in Murr Community Center, Building 51301.

Proof of age and a current physical are required at the time of registration. Cost of the program is \$40 per child, but families registering multiple players will pay a reduced fee of \$32 for each additional child.

Volunteers are needed for the program to act as coaches, assistant coaches, team parents and officials.

For more information on the program or to volunteer, call the Youth Sports Office at 533-8168 or 533-3205.

#### Coaches' meeting for cross country

The coaches' meeting for the 2006 Commander's Cup Cross Country Program will be held at 10 a.m., Aug. 22 at Barnes Field House. This is a minor Commander's Cup sport.

The program consists of a two-mile run, a 4-mile run and a 6-mile run, and will be held Sept. 10, 17 and 24. It is open to both male and female participants. Teams will consist of six members.

For more information, call Michelle Kimsey at 533-3180 or e-mail: michelle.kimsey@hua.army.mil.

#### Earn an income while at home

You can earn an income while you stay at home. The Fort Huachuca Family Child Care program is looking for individuals who want to earn an income, raise their children at home and make a difference in another child's life. The next training begins on Aug. 15, and the deadline to sign up is Aug. 12. For more information on how to become an FCC Provider, call 533-2498.

Reminder: Fort Huachuca housing residents may only provide child care in their quarters after gaining approval from the Garrison Commander and the Commander's agent, the Fort Huachuca Family Child Care office.

## Pets Of The Week



Cleo is a 3-year-old Rottweiler who needs a family who can spend more time with her.



Tyson is an approximately threemonth-old Queensland Heeler. Courtesy photo from <u>petfinder.com</u>.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forthuachucapetfinder.com. In accordance with Army regulation, stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

## At The Movies

Showing at the Cochise Theater for the next week are:



Today -7 p.m.
Bewitched

PG-13

Friday -7 p.m.

Rebound PG

Saturday -7 p.m.

Dark Water PG-13

Sunday -2 p.m.

Rebound PG

Monday - Wednesday

Closed

Reduced prices on Thursday evening and Sunday matinees.

## Watch CAC

For the latest news on the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source. Tune in to our news block hours at four convenient times throughout the day.

Fort Huachuca's Channel 97 will discontinue airing of the weekly Fort Report for a short period of time. Spc. Nate Ludwig, the broadcaster in charge of the report, is leaving the Army and a civilian replacement has not yet been hired. The Scout will notify the community of the return of the Fort Report and until then, keep tuned to the CAC for other pertinent post information.



**B6** 

## Exceeding the speed limit - legally and safely

BY SPC. JOY PARIANTE
SCOUT STAFF

Think you've got a fast car? Why don't you find out by heading out to one of the Sierra Sports Car Club's time trials where you can run with Corvettes, Camaros and Mustangs.

The SSCC is the local chapter of the Sports Car Club of America, which is the largest automobile club in the world. SCCA events are usually held at Libby Army Airfield or on its sister runways at the Sierra Vista Municipal Airport, depending on the Army and airport's operations.

The events are time trials run on an approximately one mile, construction cone formed course that drivers need to navigate as quickly as possible. The course is "inspected for safety and designated to exercise both the power and handling of [the] car," according to the SSCC Web site. "It's a safe place to test the limits of what you and your car can do."

Drivers can also hone their driving skills on the closed course. One club member stated that the twists and turns and corners of the autocross course help teach people how to handle their cars and teaches drivers the importance of not over steering or under steering when they're sliding.

The cars run against cars of their own caliber. It's not a race against the other cars though, SSCC President Gene Sanders said, it's a race against the clock and the driver's own personal best time. Cars are split up into classes from economy to highly modified. "You can run almost any car you want," Sanders said, "but they're usually smaller, sportier cars." Sanders said people have entered trucks and family sedans in the past. Competitions are held at the local, state and national level. For more information, visit the SSCC Web site at <a href="https://www.sierrasportscars.net">www.sierrasportscars.net</a>.



Courtesy photo; photographer unknown

#### **Mountain Madness**

The Thunder Mountain Masters is a registered swim team under United States Masters Swimming. It currently has two members, Ted Hammond and Anna DeLozier, but is hoping to grow. The team competed in the Arizona Masters Long Course Meters State Swimming Championships at Hillenbrand Aquatic Center in Tucson on July 30 and 31. Hammond, of DENTAC, competed in eight events over the two-day meet finishing second in five events and third in three events. DeLozier, ITEC4-W DOC, also competed in eight events finishing first in six events and second and third in the remaining two events. Also, competing at the meet was Robert Lewis, RWBAHC. Lewis competed in five events finishing first in three events and second in two events. The TMM finished fourth out of 10 teams with only two swimmers.

**Advertisement**